



Peace by Youth (PY) - Directory of Support Services for Survivors of Sexual Exploitation and Abuse (SEA)

INTRODUCTION:

Peace by Youth (PY) recognizes the devastating impact of Sexual Exploitation and Abuse (SEA) and is committed to supporting survivors by providing access to a variety of resources and services. This directory offers information on organizations that can offer confidential and professional support in areas such as counseling, legal aid, medical care, and more.

Please note: This directory is not exhaustive and may not include all available resources in your area. If you are unsure where to turn, please contact the PY PSEA Coordinator at mahwish@py.org.pk for further assistance.

Table of Support Services:

Service Type	Organization Name	Contact Information	Website	Description
Legal Aid	Legal Aid Society (LAS)	Karachi, Sindh Phone: +92-21-35810078 Email: info@las.org.pk	www.las.org.pk	Legal Aid Society provides free legal assistance to survivors of SEA. They offer representation in court, legal counseling, and support in filing cases. LAS operates primarily in Sindh, with a focus on providing services to vulnerable populations.
Legal Aid	AGHS Legal Aid Cell	Lahore, Punjab Phone: +92-42-35842256 Email: aghs@brain.net.pk	https://aghslaw.net/	AGHS Legal Aid Cell, founded by Asma Jahangir, offers pro bono legal services to women and children who are survivors of SEA. They provide legal representation, advocacy, and counseling, with a strong presence in Punjab.
Legal Aid	Justice Project Pakistan (JPP)	Islamabad, ICT Phone: +92-51-8496000 Email: info@jpp.org.pk	www.jpp.org.pk	Justice Project Pakistan focuses on providing legal aid to marginalized individuals, including survivors of SEA. JPP offers legal representation, case management, and advocacy services across Pakistan, with offices in Islamabad and Lahore.
Legal Aid	Asma Jahangir Legal Aid Cell (AJLAC)	Lahore, Punjab Phone: +92-42-35842256 Email: ajlac@brain.net.pk	N/A	AJLAC, established by the Asma Jahangir Foundation, provides free legal assistance to vulnerable individuals, especially women and children. They handle cases related to SEA, offering support throughout the legal process.
Legal Aid	Kashf Foundation	Karachi, Sindh Phone: +92-21-34328080 Email: info@kashf.org	www.kashf.org	Kashf Foundation provides legal aid and financial support to women, particularly survivors of SEA, to help them navigate the legal system. Their services include legal representation and

Legal Aid	Shirkat Gah Women's Resource Centre	Karachi, Sindh Phone: +92-21-34547545 Email: info@sgah.org.pk	www.shirkatgah.org	economic empowerment programs in Sindh and Punjab. Shirkat Gah offers legal aid to women survivors of SEA, focusing on empowerment and rights advocacy. They provide legal counseling, representation, and support services, with a presence in Sindh and Balochistan.
Legal Aid	Dastak Foundation	Lahore, Punjab Phone: +92-42-35854620 Email: info@dastak.org.pk	www.dastak.org.pk	Dastak Foundation provides shelter and legal aid to women survivors of SEA. Their services include legal representation, case management, and safe housing, primarily operating in Punjab.
Legal Aid	Foundation for Fundamental Rights (FFR)	Islamabad, ICT Phone: +92-51-2601328 Email: info@ffr.org.pk	rightsadvocacy.org	FFR offers legal aid to marginalized groups, including survivors of SEA. They provide legal representation, advocacy, and public interest litigation services, with a focus on upholding human rights in ICT and other regions.
Counseling	Rozan	Islamabad, ICT Phone: +92-51-2890505 Email: info@rozan.org	www.rozan.org	Rozan provides psychological counseling and emotional support to survivors of SEA, with services including individual therapy, group counseling, and crisis intervention.
Counseling	Bedari	Islamabad, ICT Phone: +92-51-4440728 Email: info@bedari.org	www.bedari.org.pk	Bedari offers counseling and support services for women and children survivors of violence, including SEA. They provide psychological assistance and legal referrals, primarily in ICT and Punjab.
Counseling	Kaarvan Crafts Foundation	Lahore, Punjab Phone: +92-42-35290652 Email: info@kaarvan.com	www.kaarvan.com	Kaarvan offers counseling and mental health support for women and girls in vulnerable communities, including SEA survivors. They focus on empowerment and psychological well-being.
Counseling	Acid Survivors Foundation (ASF)	Islamabad, ICT Phone: +92-51-2254714 Email: info@asfpakistan.org	www.asfpakistan.org	ASF provides counseling, rehabilitation, and legal aid to survivors of acid violence, many of whom are also SEA survivors. Their services include psychological support and reintegration programs.
Counseling	Aurat Foundation	Islamabad, ICT Phone: +92-51-2831350 Email: info@af.org.pk	www.af.org.pk	Aurat Foundation offers counseling and support services for survivors of SEA, including psychological therapy, legal assistance, and crisis intervention. They operate in multiple regions, including ICT, Sindh, and Balochistan.
Counseling	Pehchaan	Karachi, Sindh Phone: +92-21-35314701	N/A	Pehchaan provides counseling services to women and children survivors of abuse, including

Email:
info@pehchaan.org

SEA. Their services include trauma counseling, empowerment programs, and social reintegration, focusing on Karachi.

Counseling	Roshni Helpline	Karachi, Sindh Phone: +92-21-35392928 Email: info@roshni.org	www.roshni.org	Roshni Helpline provides counseling and legal aid to child abuse survivors, including SEA. They offer psychological support, case management, and advocacy services, focusing on Sindh.
Counseling	Sahil	Islamabad, ICT Phone: +92-51-2856950 Email: info@sahil.org	www.sahil.org	Sahil offers counseling and support services to children and families affected by SEA. Their services include crisis counseling, awareness campaigns, and legal support, with a presence in ICT, Sindh, and Balochistan.
Counseling	Blue Veins	Peshawar, KPK Phone: +92-91-5701539 Email: info@blueveins.org	www.blueveins.org	Blue Veins provides counseling and support services to SEA survivors, particularly women and children. Their services include psychological therapy, crisis intervention, and advocacy, primarily in Khyber Pakhtunkhwa.
Counseling	Depilex Smileagain Foundation	Lahore, Punjab Phone: +92-42-35775965 Email: info@depilex.org	www.depilxsmileagain.com	Depilex Smileagain offers counseling and rehabilitation services to acid attack and SEA survivors. Their services include psychological counseling, medical treatment, and vocational training.

Shelter	Panah Shelter Home	Karachi, Sindh Phone: +92-21-32244413 Email: panahshlter@xyz	N/A	Panah Shelter Home provides temporary shelter and rehabilitation services for women and children who are survivors of SEA. They offer safe accommodation, counseling, and reintegration support.
Shelter	Dastak Foundation	Lahore, Punjab Phone: +92-42-35854620 Email: info@dastak.org.pk	www.dastak.org.pk	Dastak Foundation offers shelter, legal aid, and counseling to women survivors of SEA. They provide safe housing and reintegration programs to support their transition back into society, focusing primarily on Punjab.
Shelter	Edhi Foundation	Karachi, Sindh Phone: +92-21-32413232 Email: info@edhi.org	www.edhi.org	Edhi Foundation operates shelters across Pakistan, providing refuge and support services to vulnerable individuals, including SEA survivors. Their shelters offer safety, basic necessities, and access to medical and psychological support.

Shelter	Dar-ul-Aman	Multiple Cities Contact Local Social Welfare Office	N/A	Dar-ul-Aman shelters are run by the government, providing safe accommodation and legal support for women survivors of domestic violence and SEA. They operate in various cities across Pakistan.
Shelter	Kashf Foundation	Karachi, Sindh Phone: +92-21-34328080 Email: info@kashf.org	www.kashf.org	Kashf Foundation offers shelter and legal aid to women survivors of SEA. They provide safe housing, legal support, and economic empowerment programs in Sindh and Punjab.
Shelter	Aurat Foundation	Islamabad, ICT Phone: +92-51-2831350 Email: info@af.org.pk	www.af.org.pk	Aurat Foundation provides shelter and support services to survivors of SEA, including safe housing, legal assistance, and counseling. They operate shelters in multiple regions, including ICT, Sindh, and Balochistan.
Shelter	Anjuman-e-Mafad-e-Niswan	Karachi, Sindh Phone: +92-21-36674065 Email: info@amnkarachi.org	N/A	This organization offers shelter and support services to women survivors of SEA, including safe housing, legal assistance, and vocational training. Their services are primarily available in Karachi, Sindh.
Shelter	Bint-e-Fatima Old Age Home	Karachi, Sindh Phone: +92-21-34965545 Email: info@bintfatima.org	N/A	Bint-e-Fatima provides shelter and support services to elderly women who are survivors of abuse, including SEA. They offer safe housing, medical care, and counseling services.
Shelter	SOS Children's Villages	Multiple Cities Phone: +92-42-111-767-767 Email: info@sos.org	www.sos.org.pk	SOS Children's Villages provide safe shelter and care for children who are survivors of abuse, including SEA. Their services include safe housing, education, and psychological support, operating in multiple cities across Pakistan.
Shelter	APWA (All Pakistan Women's Association)	Karachi, Sindh Phone: +92-21-35825432 Email: info@apwapakistan.org	www.apwapakistan.org	APWA provides shelter and support services to women survivors of SEA, including safe accommodation, legal aid, and counseling. They have multiple branches, with a strong presence in Sindh.
Shelter	Women's Crisis Center (WCC)	Quetta, Balochistan Phone: +92-81-2836708 Email: wccqta@xyz	N/A	WCC in Quetta provides shelter and support services to women survivors of SEA. They offer safe housing, counseling, and legal assistance to help women reintegrate into society.
Shelter	Umeed Foundation	Karachi, Sindh Phone: +92-21-34523684 Email: info@umeed.org	www.umeed.org	Umeed Foundation offers shelter and rehabilitation services for women and children survivors of SEA. Their services include safe housing, psychological support, and vocational training, with a focus on Karachi.

Service Type	Organization Name	Contact Information	Website	Description
Medical Aid	Médecins Sans Frontières (MSF)	Quetta, Balochistan Phone: +92-81-2829302 Email: quetta@msf.org	www.msf.org	MSF operates in Balochistan, providing medical care and psychological support to survivors of SEA. Their services include emergency medical treatment, mental health support, and referrals to specialized care centers.
Medical Aid	Indus Hospital	Karachi, Sindh Phone: +92-21-111-111-880 Email: info@indushospital.org	www.indushospital.org	Indus Hospital provides free medical services to SEA survivors, including emergency care, psychological support, and rehabilitation. They have a network of hospitals in Karachi and other regions.
Medical Aid	Pakistan Red Crescent Society (PRCS)	Islamabad, ICT Phone: +92-51-9250404 Email: info@prcs.org.pk	www.prcs.org.pk	PRCS provides emergency medical aid and psychological support to survivors of SEA. They have a strong presence in disaster-affected areas, offering medical services, counseling, and referrals to specialized facilities.
Medical Aid	Jinnah Postgraduate Medical Centre (JPMC)	Karachi, Sindh Phone: +92-21-99201300 Email: jpmc@health.gov.pk	www.jpmc.edu.pk	JPMC offers specialized medical services for SEA survivors, including trauma care, forensic examination, and psychological support. Their facilities in Karachi provide comprehensive care for survivors of violence and abuse.
Medical Aid	Aga Khan University Hospital (AKUH)	Karachi, Sindh Phone: +92-21-111-911-911 Email: akuh@aku.edu	www.aku.edu	AKUH provides medical care and psychological support to survivors of SEA. Their services include emergency care, trauma counseling, and specialized treatment, with a focus on high-quality, patient-centered care in Karachi.
Medical Aid	Lady Reading Hospital (LRH)	Peshawar, KPK Phone: +92-91-9211430 Email: lrh@health.gov.pk	www.lrh.gov.pk	LRH offers medical and psychological services to SEA survivors, including emergency care, forensic services, and counseling. They are a major medical facility in Khyber Pakhtunkhwa, providing comprehensive care for survivors.
Medical Aid	Shifa International Hospital	Islamabad, ICT Phone: +92-51-8464646 Email: info@shifa.com.pk	www.shifa.com.pk	Shifa International provides medical care, including psychological support, to SEA survivors. Their services include trauma care, emergency services, and rehabilitation, with a focus on high-quality care in Islamabad.

Medical Aid	Ziauddin Hospital	Karachi, Sindh Phone: +92-21-35862937 Email: info@ziauddinhospital.com	www.ziauddinhospital.com	Ziauddin Hospital offers medical treatment and psychological support for SEA survivors. Their services include emergency care, forensic examination, and mental health counseling, with facilities across Karachi.
Medical Aid	Civil Hospital Karachi (CHK)	Karachi, Sindh Phone: +92-21-99215740 Email: chk@health.gov.pk	www.chk.edu.pk	CHK provides medical care and psychological support for SEA survivors, including emergency treatment, trauma counseling, and forensic services. As one of the largest public hospitals in Karachi, CHK offers comprehensive care for survivors.
Medical Aid	Nishtar Hospital	Multan, Punjab Phone: +92-61-9200231 Email: nishtar@health.gov.pk	www.nishtar.edu.pk	Nishtar Hospital offers medical and psychological services to SEA survivors, including emergency care, trauma counseling, and rehabilitation. Their facilities in Multan serve as a regional hub for comprehensive care in Punjab.
Medical Aid	Punjab Institute of Mental Health (PIMH)	Lahore, Punjab Phone: +92-42-99201521 Email: pimh@health.gov.pk	www.pimh.org.pk	PIMH provides specialized mental health services to SEA survivors, including psychological counseling, trauma therapy, and psychiatric care. They are a leading mental health institution in Punjab, offering comprehensive care for survivors.
Medical Aid	Bolton Market Trauma Centre	Karachi, Sindh Phone: +92-21-32787612 Email: trauma@bmtc.org	N/A	Bolton Market Trauma Centre offers emergency medical care and psychological support for survivors of SEA and other forms of violence. Their services include trauma care, forensic examination, and mental health counseling, focusing on Karachi.

Service Type	Organization Name	Contact Information	Website	Description
Awareness and Advocacy	Sahil	Islamabad, ICT Phone: +92-51-2856950 Email: info@sahil.org	www.sahil.org	Sahil focuses on child protection, particularly against sexual abuse. They provide counseling, legal assistance, and conduct extensive advocacy and awareness campaigns across Pakistan, including in ICT, Sindh, and Balochistan.
Awareness and Advocacy	War Against Rape (WAR)	Karachi, Sindh Phone: +92-21-34551237 Email: info@war.org.pk	www.war.org.pk	WAR conducts advocacy and awareness campaigns to combat rape and sexual violence, alongside providing legal aid and counseling services. They operate in Karachi and Sindh, focusing on changing societal attitudes towards SEA.
Awareness and Advocacy	Rozan	Islamabad, ICT Phone: +92-51-	www.rozan.org	Rozan works on mental health awareness, gender-based

		2890505 Email: info@rozan.org			violence, and SEA prevention, conducting community outreach, advocacy, and training programs across Pakistan, with a strong focus on ICT.
Awareness and Advocacy	Bedari	Islamabad, Phone: 4440728 Email: info@bedari.org	ICT +92-51-	www.bedari.org.pk	Bedari runs advocacy programs focused on women's rights and SEA prevention. They conduct awareness campaigns, workshops, and community outreach programs in ICT, Punjab, and Sindh, aiming to empower women and children.
Awareness and Advocacy	Aurat Foundation	Islamabad, Phone: 2831350 Email: info@af.org.pk	ICT +92-51-	www.af.org.pk	Aurat Foundation leads advocacy and awareness initiatives on women's rights, including SEA. They engage in policy advocacy, public awareness campaigns, and community-based education across Pakistan, focusing on ICT, Sindh, and Balochistan.
Awareness and Advocacy	Shirkat Gah	Karachi, Phone: 34547545 Email: info@sgah.org.pk	Sindh +92-21-	www.shirkatgah.org	Shirkat Gah works on women's empowerment and SEA prevention, conducting awareness campaigns, legal advocacy, and community outreach in Sindh and Balochistan. They focus on building awareness about women's rights and combating gender-based violence.
Awareness and Advocacy	Aahung	Karachi, Phone: 34546785 Email: info@aahung.org	Sindh +92-21-	www.aahung.org	Aahung promotes sexual and reproductive health rights, including SEA awareness. They run education programs, advocacy campaigns, and provide training to healthcare providers across Sindh and Balochistan.
Awareness and Advocacy	Blue Veins	Peshawar, Phone: 5701539 Email: info@blueveins.org	KPK +92-91-	www.blueveins.org	Blue Veins focuses on advocacy and awareness for women's rights and SEA prevention in Khyber Pakhtunkhwa. They conduct workshops, community outreach, and policy advocacy, aiming to change societal attitudes and support survivors.
Awareness and Advocacy	Human Rights Commission of Pakistan (HRCP)	Lahore, Phone: 35864994 Email: info@hrcp-web.org	Punjab +92-42-	www.hrcp-web.org	HRCP engages in advocacy and awareness campaigns on human rights issues, including SEA. They conduct research, policy advocacy, and public education programs to protect and promote the rights of vulnerable groups across Pakistan.
Awareness and Advocacy	Kaarvan Crafts Foundation	Lahore, Phone: 35290652 Email: info@kaarvan.com	Punjab +92-42-	www.kaarvan.com	Kaarvan runs advocacy and empowerment programs for women, focusing on SEA prevention and awareness. They work with communities in Punjab and Sindh, conducting workshops, outreach, and policy

advocacy to empower women and prevent violence.

Awareness and Advocacy	Depilex Smileagain Foundation	Lahore, Phone: 35775965 Email: info@depilex.org	Punjab +92-42-	<a href="http://www.depil
exsmileag
ain.com">www.depil exsmileag ain.com	Depilex Smileagain focuses on advocacy and awareness for survivors of acid attacks and SEA. They conduct public awareness campaigns, workshops, and provide support services to survivors across Punjab.
Awareness and Advocacy	KASHF Foundation	Lahore, Phone: 35953280 Email: info@kashf.org	Punjab +92-42-	<a href="http://www.kash
f.org">www.kash f.org	KASHF Foundation works on financial empowerment and SEA awareness among women. They run advocacy campaigns, educational programs, and support services for women across Punjab and Sindh, focusing on preventing SEA and supporting survivors.

Service Type	Organization Name	Contact Information	Website	Description	
Crisis Helpline	Madadgaar National Helpline	Karachi, Helpline: Email: info@madadgaar.org	Sindh 1098	<a href="http://www.mad
adgaar.or
g">www.mad adgaar.or g	Madadgaar offers a national helpline for immediate support to survivors of SEA. They provide crisis counseling, legal advice, and referrals to relevant services across Pakistan, with a strong presence in Sindh and ICT.
Crisis Helpline	Rozan Helpline	Islamabad, Helpline: 0800-22444 Email: helpline@rozan.org	ICT	<a href="http://www.roza
n.org">www.roza n.org	Rozan operates a helpline offering psychological support, crisis counseling, and referrals for survivors of SEA. Their services are available nationwide, with a focus on ICT and surrounding regions.
Crisis Helpline	War Against Rape (WAR) Helpline	Karachi, Helpline: Email: helpline@war.org.pk	Sindh +92-21- 35426789	<a href="http://www.war.
org.pk">www.war. org.pk	WAR operates a helpline providing crisis counseling, legal advice, and support for survivors of rape and SEA. They focus on immediate assistance and support in Karachi and Sindh.
Crisis Helpline	Punjab Women's Helpline	Lahore, Helpline: Email: helpline@punjab.gov.pk	Punjab 1043	<a href="http://www.punj
abhelpline
.pk">www.punj abhelpline .pk	Punjab Women's Helpline offers crisis counseling and legal support to women survivors of SEA and other forms of violence. The helpline provides immediate assistance and referrals to shelters and legal services across Punjab.
Crisis Helpline	Aurat Foundation Helpline	Islamabad, Helpline: Email: helpline@af.org.pk	ICT +92-51- 111-222-285	<a href="http://www.af.or
g.pk">www.af.or g.pk	Aurat Foundation operates a helpline providing crisis counseling, legal advice, and support services to women survivors of SEA. The helpline serves as a key resource for immediate assistance across Pakistan, with a focus on ICT.
Crisis Helpline	Roshni Helpline	Karachi, Helpline:	Sindh 1138	<a href="http://www.rosh
ni.org">www.rosh ni.org	Roshni Helpline offers crisis counseling and support to children and their families

			Email: helpline@roshni.org		affected by SEA. The helpline provides immediate assistance and referrals, focusing on Karachi and surrounding areas in Sindh.
Crisis Helpline	Bedari Helpline	Islamabad, ICT	Helpline: 0800-13505 Email: helpline@bedari.org	www.bedari.org.pk	Bedari operates a helpline offering crisis counseling and support services to women and children survivors of SEA. The helpline provides legal advice, referrals, and psychological support across ICT and Punjab.
Crisis Helpline	Panah Shelter Home Helpline	Karachi, Sindh	Helpline: +92-21-111-224-224 Email: helpline@panah.org	N/A	Panah Shelter Home operates a helpline providing crisis counseling and support services to women survivors of SEA. The helpline offers immediate assistance and access to shelter and legal services in Karachi and Sindh.
Crisis Helpline	Dastak Foundation Helpline	Lahore, Punjab	Helpline: +92-42-35854620 Email: helpline@dastak.org.pk	www.dastak.org.pk	Dastak Foundation operates a helpline providing crisis counseling, legal advice, and shelter services to women survivors of SEA. The helpline offers immediate support and referrals in Punjab, with a focus on Lahore.
Crisis Helpline	Acid Survivors Foundation (ASF) Helpline	Islamabad, ICT	Helpline: +92-51-2254714 Email: helpline@asfpakistan.org	www.asfpakistan.org	ASF operates a helpline providing immediate support, counseling, and legal advice to acid attack and SEA survivors. The helpline offers nationwide coverage, with a focus on ICT and Punjab.
Crisis Helpline	Child Protection & Welfare Bureau (CPWB) Helpline	Lahore, Punjab	Helpline: 1121 Email: helpline@cpwb.gov.pk	www.cpwb.gov.pk	CPWB operates a helpline providing crisis counseling, support, and referrals for children affected by SEA and other forms of abuse. The helpline offers immediate assistance and services across Punjab, with a focus on Lahore.
Crisis Helpline	Shirkat Gah Helpline	Karachi, Sindh	Helpline: +92-21-34547545 Email: helpline@sgah.org.pk	www.shirkatgah.org	Shirkat Gah operates a helpline offering crisis counseling and support services to women survivors of SEA. The helpline provides legal advice, referrals, and psychological support, with a focus on Sindh and Balochistan.

Service Type	Organization Name	Contact Information	Website	Description
Rehabilitation	Depilex Smileagain Foundation	Lahore, Punjab Phone: +92-42-35775965 Email: info@depilex.org	www.depilexsmileagain.com	Depilex Smileagain provides rehabilitation services to acid attack and SEA survivors, including psychological counseling, vocational training, and social reintegration. Their services are primarily focused on Punjab.

Rehabilitation	Pehchaan	Karachi, Sindh Phone: +92-21-35314701 Email: info@pehchaan.org	N/A	Pehchaan offers rehabilitation services to women and children survivors of SEA, including counseling, vocational training, and reintegration support. Their services focus on helping survivors regain independence and confidence.
Rehabilitation	Umeed Foundation	Karachi, Sindh Phone: +92-21-34523684 Email: info@umeed.org	www.umeed.org	Umeed Foundation provides rehabilitation services for women and children survivors of SEA, including psychological support, vocational training, and community reintegration. Their services are centered in Karachi.
Rehabilitation	Acid Survivors Foundation (ASF)	Islamabad, ICT Phone: +92-51-2254714 Email: info@asfpakistan.org	www.asfpakistan.org	ASF offers rehabilitation services for acid attack and SEA survivors, including psychological counseling, medical care, and vocational training. Their focus is on helping survivors reintegrate into society with dignity and independence.
Rehabilitation	Panah Shelter Home	Karachi, Sindh Phone: +92-21-32244413 Email: panahshlter@xyz	N/A	Panah Shelter Home provides rehabilitation services to women and children survivors of SEA, including psychological support, vocational training, and assistance with social reintegration. Their services focus on Karachi.
Rehabilitation	Dastak Foundation	Lahore, Punjab Phone: +92-42-35854620 Email: info@dastak.org.pk	www.dastak.org.pk	Dastak Foundation offers rehabilitation services for women survivors of SEA, including counseling, vocational training, and reintegration support. Their services focus on helping survivors rebuild their lives with confidence and independence.
Rehabilitation	Rozan	Islamabad, ICT Phone: +92-51-2890505 Email: info@rozan.org	www.rozan.org	Rozan provides rehabilitation services for SEA survivors, including psychological counseling, vocational training, and social reintegration. Their services aim to empower survivors and help them regain their independence and self-worth.
Rehabilitation	SOS Children's Villages	Multiple Cities Phone: +92-42-111-767-767 Email: info@sos.org	www.sos.org.pk	SOS Children's Villages offer rehabilitation services to children survivors of SEA, including psychological counseling, education, and social reintegration. Their services are available in multiple cities across Pakistan.
Rehabilitation	Kashf Foundation	Karachi, Sindh Phone: +92-21-34328080 Email: info@kashf.org	www.kashf.org	Kashf Foundation provides rehabilitation services to women survivors of SEA, including vocational training, financial support, and social reintegration programs. Their services are

					available in Sindh and Punjab, focusing on women's empowerment.
Rehabilitation	Aurat Foundation	Islamabad, ICT Phone: +92-51-2831350 Email: info@af.org.pk		www.af.org.pk	Aurat Foundation offers rehabilitation services to survivors of SEA, including psychological counseling, legal aid, and vocational training. Their services are available in ICT, Sindh, and Balochistan, focusing on women's rights and empowerment.
Rehabilitation	Shirkat Gah	Karachi, Sindh Phone: +92-21-34547545 Email: info@sgah.org.pk		www.shirkatgah.org	Shirkat Gah provides rehabilitation services to women survivors of SEA, including vocational training, psychological support, and social reintegration. Their services focus on empowering women and helping them rebuild their lives with dignity.
Rehabilitation	Edhi Foundation	Karachi, Sindh Phone: +92-21-32413232 Email: info@edhi.org		www.edhi.org	Edhi Foundation offers rehabilitation services to vulnerable individuals, including SEA survivors, providing psychological counseling, vocational training, and social reintegration support across Pakistan, with a strong presence in Sindh.
	PY PSEA Policy and Procedures			https://py.org.pk/psea/	Outlines PY's commitment to prevention and response to SEA
	PY Code of Conduct			https://py.org.pk/code-of-conduct/	Establishes expectations for behavior to create a safe environment
	National Sexual Violence Resource Center (US)	1-800-656-HOPE		https://www.nsvrc.org/	National hotline, online resources, and information
	World Health Organization (WHO)			https://www.who.int/	Global information and resources on violence against women

Remember:

- You are not alone.
- Seeking help is a sign of strength and courage.
- There are people who care about you and want to help.

PY is committed to creating a safe and supportive environment for everyone. If you or someone you know needs help, please don't hesitate to reach out.